

OVERVIEW



GETTING STARTED

LIFE COACHING WITH BETTY MICHELLE

A comprehensive 90-day program designed to overhaul various aspects of life, including relationships, finances, career, and more. The program offers multi-dimensional coaching, providing dedicated guidance for diverse life segments to promote habit change transformation. This groundbreaking 90-day program isn't just about change – it's about redefining every facet of your life.

LIFESTYLE REVAMP

Comprehensive 90-day program targeting multiple life facets: relationships, finances, career, and family..



INDIVIDUALIZED GOAL PLAN

Personalized strategies tailored for each area of your life, fostering tangible and sustainable changes.

LIFESTYLE ASSESSMENT

Holistic assessments to identify interconnectedness among these life domains for a well-rounded transformational journey.



BENEFITS

COMPREHENSIVE PROGRAM OVERVIEW

- Comprehensive 90-day program targeting multiple life facets: relationships, finances, career, and habits.
- Personalized strategies tailored for each area, fostering tangible and sustainable changes.
- Holistic assessments to identify interconnectedness among these life domains for a well-rounded transformational journey.

MULTI-DIMENSIONAL COACHING AND SUPPORT

- Dedicated coaching addressing various aspects of life - relationships, financial planning, career growth, and habit transformation.
- Customized action plans providing guidance and support for each segment of life.
- Ongoing guidance and encouragement, fostering accountability and motivation throughout the 90-day journey.

EMPOWERMENT FOR PROSPEROUS LIVING:

- Tools and resources to facilitate continuous growth and development in all addressed areas post-program completion.
- Focus on mindset shifts and behavioral changes ensuring lasting results beyond the 90-day period.
- Strategies for maintaining and further enhancing the transformed lifestyle for ongoing prosperity and fulfillment.

