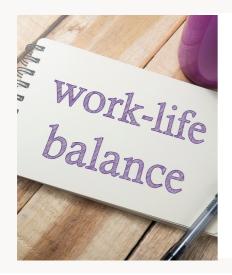
#### LIFESHIFT90: PROSPERITY LIVING JOURNEY

## OVERVIEW



### GETTING STARTED LIFE COACHING WITH BETTY MICHELLE

A comprehensive 90-day program designed to overhaul various aspects of life, including relationships, finances, career, and more. The program offers multi-dimensional coaching, providing dedicated guidance for diverse life segments to promote habit change transformation. This groundbreaking 90-day program isn't just about change – it's about redefining every facet of your life.

#### LIFESTYLE REVAMP

Comprehensive 90-day program targeting multiple life facets: relationships, finances, career, and family...





#### INDIVIDUALIZED GOAL PLAN

Personalized strategies tailored for each area of your life, fostering tangible and sustainable changes.

#### LIFESTYLE ASSESSMENT

Holistic assessments to identify interconnectedness among these life domains for a well-rounded transformational journey.



# BENEFITS

#### COMPREHENSIVE PROGRAM OVERVIEW

- Comprehensive 90-day program targeting multiple life facets: relationships, finances, career, and habits.
- Personalized strategies tailored for each area, fostering tangible and sustainable changes.
- Holistic assessments to identify interconnectedness among these life domains for a well-rounded transformational journey.

#### MULTI-DIMENSIONAL COACHING AND SUPPORT

- Dedicated coaching addressing various aspects of life relationships, financial planning, career growth, and habit transformation.
- Customized action plans providing guidance and support for each segment of life.
- Ongoing guidance and encouragement, fostering accountability and motivation throughout the 90-day journey.

#### **EMPOWERMENT FOR PROSPEROUS LIVING:**

- Tools and resources to facilitate continuous growth and development in all addressed areas post-program completion.
- Focus on mindset shifts and behavioral changes ensuring lasting results beyond the 90-day period.
- Strategies for maintaining and further enhancing the transformed lifestyle for ongoing prosperity and fulfillment.